

PRESS RELEASE

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City of Leesburg Awarded GMA Life & Health Insurance Fund's Health Wellness Grant

[ATLANTA, GEORGIA] – We are excited to announce that the City of Leesburg has been awarded one of the *2025 Health Wellness Grants* by the Georgia Municipal Association (GMA). The grant supports the City of Leesburg's commitment to facilitating positive changes in the workplace culture and going the extra mile for employees' health wellness.

GMA is honored to collaborate with the City of Leesburg at every step of the health wellness journey. Awards are made statewide to Participating Employers enrolled in one or more medical plans through the GMEBS (Georgia Municipal Employees Benefit Services) Life and Health Insurance Fund.

The Health Wellness Program at GMA helps members embrace a variety of skills, mindsets, and cultures to encourage utmost wellbeing through workplace health wellness initiatives. These initiatives have a demonstrated track record of improving employee wellbeing and quality of life, while enhancing workplace morale, reducing medical claims, and maximizing cost impact.

The City of Leesburg has designated a Health Wellness Champion to coordinate/oversee the program and work in partnership with GMA to facilitate the planning of targeted activities. Marylen Knights has expounded on ways the City of Leesburg would benefit from implementing workplace health wellness initiatives and has said, "We are honored to receive the GMA Health and Wellness Grant, as it will have a lasting positive impact not only on our workplace by supporting employee well-being, but also on our entire community as we foster a culture of health and vitality."